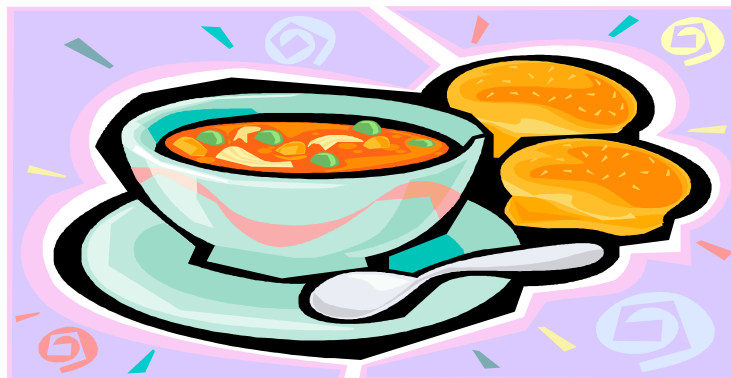


SENIOR LUNCH PROGRAM



TOWN OF ROME
1156 Alpine Drive

1:00 a.m. – 1:00 p.m.

SENIOR LUNCH MENU

02/01/ - 02/05

Monday

Heart Healthy Chicken Filet
Stuffing, Gravy
Vegetables
Dessert, Milk

Tuesday

Crisp Fish Sandwich
Chips, Vegetables
Dessert, Milk

Wednesday

Yokosba, Noodles
Vegetables
Dessert Milk

Thursday

Cheeseburger
Soup, Roll
Dessert, Milk

Friday

Homemade Spaghetti, Meat
Sauce
Vegetables
Garlic Bread
Dessert, Milk

SENIOR LUNCH MENU

02/08 – 02-12

Monday

Country Style Chicken and
Biscuits
Vegetables
Dessert, Milk

Tuesday

Delicious Road Pork
Mashed Potatoes, Gravy
Vegetables
Dessert, Milk

Wednesday

Hearty Beef Stew
Biscuit
Dessert, Milk

Thursday

Heavenly Roast Beef
Company Potatoes
Vegetables
Dessert, Milk

Friday

Scrumptious Crab Liguine
Salad
Bread Sticks
Dessert, Milk

SENIOR LUNCH PROGRAM

02/15 – 02/19

Monday

Cooks Choice

Tuesday

Beef Tips Over Noodles

Vegetables

Dessert, Milk

Wednesday – Ash Wednesday

Home Style Tomato Soup

Sandwich

Dessert, Milk

Thursday

Boiled Dinner

Dinner Roll

Dessert, Milk

Friday

Homemade Meatloaf

Potatoes, Gravy

Vegetables

Dessert, Milk

SENIOR LUNCH MENU

2/22 – 2/26

Monday

Chicken Steak W/Sauce
Noodles
Vegetables
Dessert, Milk

Tuesday

Delicious Baked Ham
Sweet Potatoes
Vegetables
Dessert, Milk

Wednesday

Ring Bologna
Spanish Rice
Vegetables
Dessert, Milk

Thursday

Scrumptious Chili
Sandwich
Dessert, Milk

Friday

Yummy Lasagna, Rolls
Vegetables
Break Sticks
Dessert, Milk

FEE: NO CHARGE (Donation
Appreciated)

WHO: ANYONE 60+ (Spouse can be
under the age of 60)

CALL 888-830-3454-Toll Free (9:00 a.m. -
4:30 p.m.) THE DAY BEFORE FOR THE
NEXT DAY OR CALL FOR A WEEK OR
MONTH AT A TIME