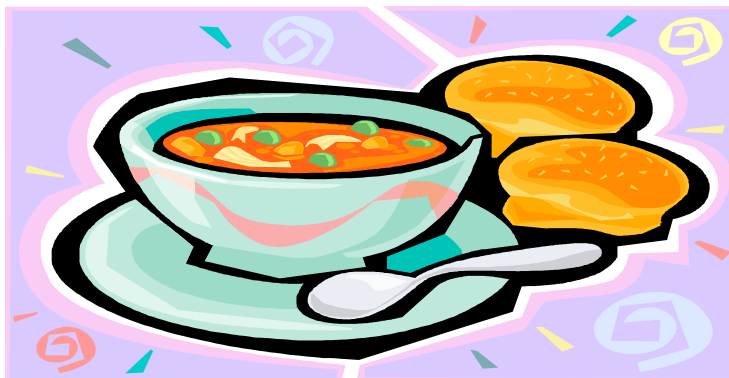


SENIOR LUNCH PROGRAM



TOWN OF ROME
1156 Alpine Drive

11:00 a.m. – 1:00 p.m.

SENIOR LUNCH MENU

03/01 - 03/05

Monday

Flavorsome Escalloped Potatoes
Ham
Vegetables
Dessert, Milk

Tuesday

Mouth Watering BBQ Beef
Sandwich, Potato
Vegetables
Dessert, Milk

Wednesday

Lip Smacking Cream of Potato
Soup
Sandwich
Dessert Milk

Thursday

Delightful Honey Mustard
Chicken
Rice
Vegetables
Dessert, Milk

Friday

Flaky Baked Fish
Rice Pilaf
Vegetables
Dessert, Milk

SENIOR LUNCH MENU

03/08 – 03/12

Monday

Yummy Chicken Sandwich
Sweet Potato Fries
Vegetables
Dessert, Milk

Tuesday

Hamburger, Gravy, Biscuit
Vegetables
Dessert, Milk

Wednesday

Appetizing Kielbasa Spinach
Dish
Dessert, Milk

Thursday

Delicious Cranberry Pork
Potatoes
Vegetables
Dessert, Milk

Friday

Creamy Cheese Broccoli Soup
Sea Food Wrap
Dessert, Milk

SENIOR LUNCH PROGRAM

03/15 – 03/19

Monday

Cooks Choice

Tuesday

Native American Cornbread

Hamburger Dish

Dessert, Milk

Wednesday

Irish Corn Beef & Cabbage

Dessert, Milk

Thursday

Colorful Beef Stew

Biscuit

Dessert, Milk

Friday

Luscious Crab Linguine

Vegetables

Bread Stick

Dessert, Milk

SENIOR LUNCH MENU

03/22 – 03/26

Monday

Delicious Southern Style
Chicken

Potatoes

Vegetables

Dessert, Milk

Tuesday

Lean Pork Loin

Rice

Vegetables

Dessert, Milk

Wednesday

Home Style Tator Tot Bake
Roll

Dessert, Milk

Thursday

Ring Bologna

Parsley Boiled Potatoes

Vegetables

Dessert, Milk

Friday

Tender Beef Tips Over Noodles

Vegetables

Dessert, Milk

SENIOR LUNCH MENU

03/29 – 03/31

Monday

Southern Style Sausage

Gravy & Biscuit

Vegetables

Dessert, Milk

Tuesday

Hearty Beef Stroganoff

Vegetables

Dessert, Milk

Wednesday

Creamy Chicken Tetrazzini

Vegetables

Dessert, Milk

FEE: NO CHARGE (Donation
Appreciated)

WHO: ANYONE 60+ (Spouse can be
under the age of 60)

CALL 888-830-3454-Toll Free (9:00 a.m. -
4:30 p.m.) THE DAY BEFORE FOR THE
NEXT DAY OR CALL FOR A WEEK OR
MONTH AT A TIME